



# TeensFeed

**Jewish teens in grades 7-12 are invited to participate in the mitzvah of caring for the stranger by preparing meals for Lifebridge North Shore. Teens learn about the connection between Judaism and social justice while contributing to the well-being of our community.**

**Meal preparation will take place from 6:00 p.m.-7:30 p.m. on the following dates:**

## 2024

- Wednesday, September 18 ..... Temple Emanu-El, Marblehead
- Tuesday, October 15 ..... Congregation Shirat Hayam, Swampscott
- Wednesday, December 18..... Temple Emanu-El, Marblehead

## 2025

- Tuesday, January 14 ..... Congregation Shirat Hayam, Swampscott
- Wednesday, February 12 ..... Temple Emanu-El, Marblehead
- Tuesday, March 18 ..... Congregation Shirat Hayam, Swampscott
- Wednesday, April 9 ..... Temple Emanu-El, Marblehead

**Dinner will be served to teen volunteers.**



**REGISTER HERE**

For more information, contact Natasha Tsaryuk at [Natasha@LappinFoundation.org](mailto:Natasha@LappinFoundation.org).

There is no cost for teens to participate in TeensFeed.

